

# *The Seventh Sunday after Pentecost*

*August 2, 2009*

*Celebrant: The Reverend Janet Fullmer*  
*Deacon: The Reverend Stephen Schafroth*

St. Paul's Episcopal Church  
The Dalles, Oregon

## **The Word of God**

### **The Opening Hymn**

*Shepherd of souls*

Hymnal 343

Shepherd of souls, refresh and bless thy chosen pilgrim flock  
with manna in the wilderness, with water from the rock.

We would not live by bread alone, but by thy word of grace,  
in strength of which we travel on to our abiding-place.

Be known to us in breaking bread, and do not then depart;  
Savior, abide with us, and spread thy table in our heart.

Lord, sup with us in love divine thy Body and thy Blood,  
that living bread, that heavenly wine, be our immortal food.

### **The Acclamation**

*Celebrant*  
*People*

Blessed be God: Father, Son, and Holy Spirit.  
**And blessed be his kingdom, now and forever. Amen.**

*Celebrant* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid.  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you,  
and worthily magnify your holy Name, through Christ our Lord. *Amen.*

### *Gloria*

Hymnal S 280

**Glory to God in the highest, and peace to his people on earth.**  
**Lord God, heavenly King, almighty God and Father,**  
**we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**  
**you take away the sin of the world: have mercy on us;**  
**you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,**  
**you alone are the Most High, Jesus Christ, with the Holy Spirit,**  
**in the glory of God the Father. Amen.**

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

*Celebrant* Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot  
continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ  
our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## The First Reading

*Exodus 16:2-4,9-15*

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

The Word of the Lord.

*People*

**Thanks be to God.**

## The Psalm

Psalm 78:23-29

Page 696, BCP

So he commanded the clouds above \*  
and opened the doors of heaven.  
He rained down manna upon them to eat \*  
and gave them grain from heaven.  
So mortals ate the bread of angels; \*  
he provided for them food enough.  
He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.  
He rained down flesh upon them like dust \*  
and winged birds like the sand of the sea.  
He let it fall in the midst of their camp \*  
and round about their dwellings.  
So they ate and were well filled, \*  
for he gave them what they craved.

## The Second Reading

*Ephesians 4:1-16*

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of

Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord.

*People* **Thanks be to God.**

### **Sequence Hymn**

*One bread, one body*

LEVAS 151

*One bread, one body, one Lord of all,  
one cup of blessing which we bless.  
And we, though many, throughout the earth,  
We are one body in this one Lord.*

Gentile or Jew, servant or free, woman or man, no more.  
One Lord.

*Refrain*

Many the gifts, many the works, one in the Lord of all.  
One Lord.

*Refrain*

Grain for the fields, scattered and grown, gathered to one for all.  
One Lord.

*Refrain*

### **The Gospel**

*John 6:24-35*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

### **The Sermon**

The Reverend Janet Fullmer

*Silence*

## **The Nicene Creed**

BCP 355

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God,  
Light from Light, true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **The Prayers of the People**

Father, we pray for all members of your holy catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons; for Katharine, our Presiding Bishop; Nedi, our Bishop; Janet, our Rector; Stephen, our Deacon. We pray for the retired clergy of this parish; for Rustin, Lewis, John, Norman and Robert. We pray especially for Noe and for Daniel in their ministry with the people of Haiti and Sudan. We pray for all members of this parish in their diverse ministries and service; and for all who serve in your church;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;  
*That there may be justice and peace on the earth.*

We pray for members of this parish, especially for Alice Rohrbacher, LeeAnn Olheiser, Ross Hucke, Max Turner and Diane Adams. We pray for our Haiti Mission Team and for the people of Cap Haitien as we all grow together in your love. Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*

We pray today for Gretchen's mother Betty, Sandy, Megan, Anne, Caroline, Dale, Bob and Aloha. Please add your own intercessions at this time.  
*(Congregation adds petitions)*

Have compassion on those who suffer from any grief or trouble;  
*That they may be delivered from their distress.*

Give to the departed eternal rest;  
*Let light perpetual shine upon them.*

We praise you for all your saints who have entered into joy;  
***May we also come to share in your heavenly kingdom.***

Let us pray for our own needs and those of others.

*(Congregation adds petitions)*

*The Celebrant adds a concluding Collect.*

## **The Confession of Sin**      *Stand or Kneel*

*Deacon* Let us confess our sins against God and our neighbor.

*Silence.*

**Most merciful God, we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ,  
strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

## **The Peace**

The peace of the Lord be always with you.

*People*      **And also with you.**

*Announcements, Thanksgivings and Celebrations of Life*

*The Thank Offerings this quarter are being given for ministry and aid to the people in the Sudan*

## **The Holy Communion**

The Offertory      *All who hunger*

WLP 761

All who hunger gather gladly; holy manna is our bread.  
Come from wilderness and wand'ring. Here in truth we will be fed.  
You that yearn for days of fullness, all around us is our food.  
Taste and see the grace eternal. Taste and see that God is good.

All who hunger, never strangers, seeker, be a welcome guest.  
Come from restlessness and roaming. Here, in joy we keep the feast.  
We that once were lost and scattered in communion's love have stood.  
Taste and see the grace eternal. Taste and see that God is good.

All who hunger, sing together, Jesus Christ is living bread.  
Come from loneliness and longing. Here, in peace, we have been fed.  
Blest are those who from this table live their days in gratitude.  
Taste and see the grace eternal. Taste and see that God is good.

The Doxology

Hymnal 380

**Praise God, from whom all blessings flow; Praise him, all creatures here below;  
Praise him above, ye heavenly host: Praise Father, Son, and Holy Ghost.**

## Eucharistic Prayer A

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

WLP 858     **Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

**Christ has died.  
Christ is risen.  
Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving.

Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

As our Savior Christ has taught us, we now pray,

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,**

your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

## **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

Alleluia. Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. Alleluia.**

*Celebrant* The Gifts of God for the People of God.  
Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

*The Bread and the Cup are given to the communicants with these words:  
The Body of Christ, the bread of heaven. [Amen.] The Blood of Christ, the cup of salvation. [Amen.]*

**The Communion Hymn** *I am the bread of life*

Hymnal 335

I am the bread of life;  
they who come to me shall not hunger;  
they who believe in me shall not thirst.  
No one can come to me unless the Father draw them.  
*And I will raise them up, and I will raise them up on the last day.*

The Bread that I will give is my Flesh for the life of the world,  
and they who eat of this bread, they shall live for ever.

*Refrain*

Unless you eat of the Flesh of the Son of Man  
and drink of his Blood, you shall not have life within you.

*Refrain*

I am the resurrection, I am the life.  
They who believe in me, even if they die,  
they shall live for ever.

*Refrain*

Yes, Lord, we believe that you are the Christ,  
the Son of God who has come into the world.

*Refrain*

**The Postcommunion Prayer** *Please stand.*

*Celebrant* Let us pray.

**Eternal God, heavenly Father,  
you have graciously accepted us as living members of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food in the Sacrament of his Body and Blood.  
Send us now into the world in peace, and grant us strength and courage  
to love and serve you with gladness and singleness of heart;  
through Christ our Lord. Amen.**

*The Celebrant may bless the people*

**The Closing Hymn**

*Guide me, O thou great Jehovah*

Hymnal 690

Guide me, O thou great Jehovah, pilgrim through this barren land;  
I am weak, but thou art mighty; hold me with thy powerful hand;  
bread of heaven, feed me now and evermore.

Open now the crystal fountain, whence the healing stream doth flow;  
let the fire and cloudy pillar lead me all my journey through;  
strong deliverer, be thou still my strength and shield.

When I tread the verge of Jordan, bid my anxious fears subside;  
death of death, and hell's destruction, land me safe on Canaan's side;  
songs of praises, I will ever give to thee

*Deacon [Dismissal]*

*People* **Thanks be to God.**

*Servers This Morning: Celebrant: The Rev. Janet Fullmer; Deacon: The Rev. Stephen Schafroth;  
Worship Leader: Dewanda Clark; Eucharist Minister: Ron Fullmer; Lector: Barbee Hodgkins;  
Prayers of the People: Verna Browne, Diane Adams; Pianist: Rule Beasley;  
Altar Guild: Kaethe Worcester, Janet Mabrey; Acolyte: Jerry Frazier;  
Altar Bread: Robert Carsner and Chuck Miller;  
Coffee Hour: Lida and Denise Beasley; Greeter: Kaethe Worcester.*

**PLEASE PRAY:**

For friends and family, especially Gretchen's mother Betty, Audean, Piper, Dolli, Bill Whitacre, Jill McHale, Arnold Harding, Leslie, Joan, Lynn, Mary Emerson, Jan Jarding, Cathy Dahl, Marilyn Cromwell, Dorothy Wilson, Megan McCarren, Bryon Nixon, Charlie May, Alvie Clark, Blake Gallagher, Jenni Lyon, Philip Klindt, Bonnie Myatt, Bob and Aloha Despain.

For those serving in the Armed Forces of our Country and for all those who serve and protect us, especially Joshua Smith, Kyle McCullough, Turf McCullough, Amy and Gavin McIlvenna, Jason Armstrong, Kevin Extine, Tim Gallagher, Kevin Gross, Gayle Johnson, Travis Kennedy, Robert Knick, Ben Schloss, Michael Stebbins and Max Turner.

For Falco in his Guide Dog training: for all service animals as they serve and enrich the lives of the people they are given to serve. God Bless and keep them in His tender loving care.

*The flowers at the altar today are given by  
Doug and Judy Reid to the glory of God  
and in thanksgiving for family.*

## CALENDAR:

- Mon- AA "open" meeting 7 pm Tayler Hall
- Tues- Bible Study 1 pm Library  
After School Productions 6-9 pm Tayler Hall
- Wed- Knitting Ministry 6:30-8:00 pm Library  
AA "closed" meeting 7 pm Tayler Hall
- Thurs- Healing service ~ noon  
After School Productions 6-9 pm Tayler Hall  
PCOM/Parish Commission on Ministry 7 pm Library
- Sat- Outreach 8:30 am Library  
Tori Dickinson and Jeff Rask Wedding 3 pm

## ANNOUNCEMENTS:

SUMMER VACATION for the Office! The week of August 3, the office here at St. Paul's will be closed. The next week we'll be back as usual.

THANK YOU to all for the fresh produce you have grown and will share with others. It will be appreciated and used!

A BLESSING of ANIMALS will be held at noon on Sunday, August 16<sup>th</sup> here at St. Paul's.

A CONFIRMATION SERVICE will be held on Thursday, August 20<sup>th</sup> at 7 pm. This will be a joint service with St. Mark's, Hood River.

### REMINDER: PRAYER BASKETS, AND VESTRY AND PARISH NEWS

Prayer baskets are located just as you enter the nave, and at the votive candles.

Also, vestry news, pictures, notices of parish events, financial reports, and items of interest to or about our parish family are on the kiosk in the narthex and on the web site. Please check them out!

THE THANK OFFERINGS this quarter help to support the work of reconciliation, building schools and providing education, health care and community development in Sudan. This support is vital to the recovery of the people who live in the war-ravaged South of Sudan. See <http://www.sudansunrise.org>.

DIOCESAN CONVENTION NEWS AND INFORMATION is on the kiosk and available in the office. Please check it out and prepare to file nominations and information.

CHECK *The Messenger* and the web site for news and committee reports, information about what's going on in the parish, pictures of events, schedules for servers, and all kinds of information our parish family needs to stay in touch!

THANKS - To Lida and Denise Beasley for coffee hour today! Thanks to all who host coffee hour and so generously and graciously feed us and help us grow together in fellowship, faith and love.