

Weekly news & updates for St. Paul's

Week of August 30, 2021 | Volume 34

Upcoming Events for the week

- September 1- Noon Day Eucharist at St. Paul's Chapel 601 Union St. Masks required
- September 5 - 8 a.m. Sunday Morning Prayer at St. Paul's
- September 5 - 9:00 a.m. **Sunday Forum** in-person and Zoom offered
- September 5 - 10 a.m. Sunday Morning Prayer at St. Paul's
- Sept. 11 - 7:10 a.m. 9/11 Memorial Remembrance at Mid-Columbia Fire & Rescue
- September 12- 3:30-5:00 p.m. Special study called "Sacred Ground" begins
- September 19 - 11:30 a.m. Dedication of the Rose Garden



A Song Fest by kids - Your heart will feel lighter - Tap on Blue Box



The beauty of Parkdale

The Lord's Prayer

Holy God, the giver of life,
love and honored,
give us peace and justice on our earth
that your plans may be accomplished
as it is in heaven.

Give us this day sufficient daily bread
and shelter, that our hearts will call us
to share with one another.

Forgive our mistakes and omissions
in our dealings with others.
Show us how to forgive others
who have slighted
or wronged us in any way.

Keep us free from evil ... greed, revenge,
blame and guilt.

Let us know and give thanks each day
for the peace and joy
of being in your kingdom
for ever and ever. Amen.

Written by Betty Rinehart
June 8, 1995
(Mother of Gretchen Kimsey)

Richard Rohr's Daily Meditation

From the Center for Action and Contemplation

Nurturing Body and Spirit

The countless “me” and “our” stories reveal the infinite ways that God draws us—as individuals, communities, and cultures—to God’s Self. None of our smaller stories are complete until they are joined to God’s Great Story. Today, my friend and colleague Barbara Holmes shares the contemplative practices she learned from her family and ancestors.

On my mother’s side of the family were slaves from the Maryland Eastern Shore. They developed their contemplative practices around meals. I can understand how people who work around crabs and blue fish can develop spiritual practices that marry full stomachs to piety. The informality of kitchen tables took the place of confessionals. Important life decisions were made as salmon cakes were shaped and collard greens were cut. Sunday meals were open to any who wanted to come. Those without families, those down on their luck, would appear for the expected fare. It was almost impossible to tell family from others by the titles attached to their names. Aunts, cousins, and uncles were often unrelated in the genetic sense but embraced and named as family. . . .

Although one could find contemplative nuances in the communal prayers and everyday work of baking biscuits, it is in the legacy of the healers that I found the most overt practices. Aunt Rebecca (on my mother’s side of the family) was a root woman. She cured the community with the herbs she collected in nearby woods. . . . Rebecca was the only one who knew which twigs and plants would fix what ailed you. After an initial diagnosis, a tea was prescribed, and whispered updates were passed after church. . . . It was understood that the tea would only address the physical disorder and that sickness required healing of spiritual disorders as well. Prayers and intercessions took place as the herbal brew was prepared. Everyone knew when someone was sick, and so the healing process became the interest of all members of the community. Since there was no health insurance, no money for medicine or doctors, it was in everyone’s best interest for Aunt Becky to succeed. And so a great deal of attention was lavished on the ailing person. As a consequence, it is impossible to determine whether healings occurred because of the medicinal effects of the herbs or the solicitous concern of the community.

On occasion, there were stories brought back from the “betwixt and between” regions where the ill dwell. These stories of a reality where healing became a tangible activity included their awareness not just of Aunt Becky’s herbal ministrations and the prayers of the community but also of the spirits of the ancestors and divine messengers. Thus, the community received spiritual witness to their beliefs about the multivalent aspects of reality and the multiple conduits to this transcendent space. In these small communities, contemplation was an everyday practice that included nurture of the body and the spirit.

NEVER FORGET ROSE GARDEN DEDICATION



**SEPT. 19
11:30 A.M.**

**ST. PAUL'S EPISCOPAL CHURCH
18th and Minnesota streets
Each rose remembers a veteran**

Sponsored by St. Paul's Veterans Group

A Fun Saturday ... Shop with a Hero

On Saturday, August 28th, City, County and State law enforcement, Mid-Columbia Fire & Rescue and Salvation Army volunteers, participated in Fred Meyer's annual \$100 giveaway per child for families who need help buying clothes for children starting school. It's called "**Shop for a Hero.**" I had a wonderful time escorting a young hispanic mother with her two children, where \$100/per child barely scratched the surface for helping to pay for clothes, so \$200 was given from the Priest's Discretionary Fund to make up the difference. Your ongoing gifts to the Priest's discretionary account make a difference in the lives of people you may never meet. The joy on the two children's faces was a delight to see.

This young mother of three cares for her mother-in-law, who is only 48 years old, but suffers from early onset of Alzheimer's. She cares for her from 7:30 - 4:30 p.m. six days a week while her father-in-law works. Her smile is dazzling as she speaks through tears of sadness. I so enjoyed hearing a short story of her present life, which is not an easy one to endure, yet, she smiles. Ahh, the things we can learn from those who love deeply.



Mid-Columbia Fire & Rescue and law enforcement "Shop with a Hero" volunteers.

Photo by Marilyn Roth



Norcor Volunteers Photo by Marilyn Roth

Tasting the Past ... Researchers Resurrect 2,000-Year-Old Variety of Date Palm

Nathan Steinmeyer August 30, 2021 Biblical Archaeology Society

For the first time in two millennia, a long extinct variety of Judean date can be enjoyed once again. Using seeds dating back to the time of the Great Jewish Revolt (66–70 C.E.), researchers from the Arava Institute for Environmental Studies in Israel planted an experimental date grove at a nearby kibbutz in 2005. The grove began bearing fruit last year, producing a variety of date not tasted for millennia.

In the 1960s, Yigael Yadin's excavations at Masada uncovered several seeds buried and preserved at the time of the Roman conquest. Further excavation at Qumran uncovered dozens more seeds similarly preserved in the dry conditions of the Dead Sea. In 2005, researchers at the Arava Institute planted dozens of these ancient seeds and, to their delight, six eventually sprouted. Even more incredible, the new trees turned out to be a mix of both male and female plants, allowing for pollination and fruit. The first date harvest came in 2020, with a larger harvest occurring this year.

Photo: Marcos Shonholtz; Dates grown from 2,000-year-old seeds, uncovered near the Dead Sea.

EVENT NOTIFICATION

August 17, 2021

**9/11 MEMORIAL CEREMONY
SATURDAY, SEPTEMBER 11, 2021**

ON THIS, THE 20TH ANNIVERSARY OF THE 9/11 ATTACKS AGAINST THE UNITED STATES OF AMERICA, MID-COLUMBIA FIRE AND RESCUE WILL PAUSE TO REMEMBER THOSE WHO MADE THE ULTIMATE SACRIFICE ON THAT DAY, AND FOR THOSE WHO CARRY ON THE WORK. Fire. EMS. Police. Reserve and Active Military.

MEMBERS OF THE PUBLIC ARE INVITED TO ATTEND. THOSE PLANNING TO ATTEND PLEASE MEET AT STATION 1, 1400 W. 8TH STREET, AT 7:00 a.m. THE MEMORIAL WILL COMMENCE AT 7:15 a.m. AND WILL CONCLUDE AT 7:35 a.m.

DUE TO THE PRESENT SURGE IN CASES OF COVID-19 TAKING PLACE, MASKS AND SOCIAL DISTANCING WILL BE REQUIRED.



SACRED GROUND ... Sign-up sheet on the church foyer table

A 10-week Episcopal study series on race dialogues. Enhance your understanding on how to be responsive to race and racism.

Study series starts on Sunday, September 12th at 3:30 p.m. and will meet for 90 minutes every other week. Julie Reynolds will lead the study series.

By way of overview, here are some key characteristics of the Sacred Ground Dialogue Series:

- It is built around powerful documentary films and readings, which we are pleased to bring you and which will serve as the jumping-off point for dialogue.
- The series brings participants' attention to various key chapters in U.S. history of race and racism, as well some of the latest thinking by scholars and practitioners of racial healing, racial equity, and whiteness.
- It focuses on Indigenous, Black, Latino, and Asian American histories as they intersect with European American histories.
- It emphasizes personal story-sharing and deepening relationships.

September Birthday's

- 9 Carol Yakish
- 14 Mary Ellen Lowe
- 16 James Ramsey
- 21 Dain Booren
- 23 Ian Alley
- 23 Joanne Manciu



Please pray ...

For your prayers: Peggy Davis, Skip & Carol Fisher, Bobbi Green, Don and Alice, Dale Newton, Ruth Welle (Carol Yakish's sister), Sarah, Barbara Portwood, John Davis, Lee Keifer, Andrew Larive, Melanie from Ascension, Mary who is suffering from ALS (a friend of Amy McIlvenna), Laurence & Ava Kerr's daughter, Debbie, Steve and Colleen Schafroth. Doug and Elizabeth, as Doug heals from Covid (John Langfeldt's son-in-law and daughter), Alice and Don as Alice struggles from lung cancer (John Langfeldt's sister and brother-in-law), and relief from the Covid-19 virus spread throughout the community and country, and our Nation. 08 31 21

For those who grieve: Sam Woolsey's family as they grieve the loss of Bill Martin and Doug Woolsey, the Betty Hartmann family as they grieve the death of Betty, the death of The Rev. Larry Ferguson and family, death of The Rev. Paul Morton, death of Jenny Curtis' daughter, Rachel McCall, the death of The Rev. Larry Ferguson, death of Oscar Martinez, death of Dee Dickens, (family of the Kerr's), and the death of Ross Hucke and family.

To submit articles or pictures for the weekly newsletter, please submit them by Friday. Some articles may be held over for the following issue due to immediacy and space. Your articles keep us smiling and feeling like a community. Thank you, Marilyn

ST PAUL'S EPISCOPAL CHURCH | www.stpaulsthdalles.org